

# SPA OFFERINGS

## about your visit

### SCHEDULING

In order for us to best accommodate your needs, we highly suggest booking in advance. You can contact our spa directly at 970-931-2598 or ext 2598 from your room and we will happily assist you with your reservations.

### ARRIVAL

We ask that all guests arrive at least 15 to 30 minutes prior to the scheduled appointment time. To best serve our guests, all treatments will start promptly at your scheduled time. Should you arrive late for your service, you will be deprived of valuable treatment time. As a courtesy to the next guest, we will end the treatment at the originally scheduled time.

### CANCELLATION

All services are reserved and designed for you. All reservations require a minimum of 24-hour cancellation notice, or you will be charged for the full amount of your service.

### AGE REQUIREMENT

All guests must be at least 18 years of age to have a private treatment. Spa services for those under 18 are provided at our discretion and may require a parent or adult guardian be present.

### SPA ETIQUETTE

The spa is a place of relaxation and serenity. To maintain a peaceful environment and to be respectful of other guests, we kindly ask that you refrain from using your cell phones and keep conversations to a minimum.

### AMENITIES

Upon arriving, we will provide you with sandals and robes. Our intimate spa sanctuary provides a eucalyptus steam room, infrared sauna, and outdoor jacuzzi in our separate men's and women's locker areas. We suggest you leave jewelry and valuables in your guestroom. Take a relaxing soak or steam before heading into your treatment, or lounge in our relaxation area. We also provide some light snacks and refreshments for you to enjoy while at our spa. Facility use is limited to guests 16 and older and is based on hours of operation.

### SERVICE CHARGE

All services will incur a 20% service charge. Additional gratuities may be added at your discretion in appreciation of exceptional service.

## facial therapies

### SIGNATURE PREMIER PALISADE RITUAL

This stunning, revitalizing and soothing facial supports repair and regeneration of tissues as it restores and transforms your skin to vitality and radiance. Using a wildcrafted, organic local line, you will receive our signature exfoliation treatment that immediately changes the appearance of your skin to a vibrant smooth texture and plumps facial lines with dewy moisture giving your skin a lovely, healthy glow. This treatment is also applied to hands and forearms, and your feet receive a hydrating herbal shea butter massage. Following a relaxing face, neck, and shoulder massage, our nutrient-rich regenerating facial products will give your skin exactly what it needs for transformation and youthful radiance.

*Eighty-minute treatment/235 plus 20% service charge*

### DOLORES FACIAL

Cleanse, exfoliate, and purify your skin to produce new healthy skin for a smoother, more youthful glow. Maximum hydration revitalizes your dehydrated skin in an intense treatment ideal for all skin types, including sensitive to leave a relaxed and fresh appearance.

*Fifty-minute treatment/160 plus 20% service charge*

### GATEWAY CANYONS FACIAL

This dynamic, results-oriented treatment uses the latest technology to repair and restore skin damaged from the harmful effects of the environment and aging. This custom facial addresses your skincare needs through professionally selected products and targeted facial massage techniques.

*Eighty-minute treatment/220 plus 20% service charge*

### RESURFACE AND RENEW FACIAL

Using a sugar cane based glycolic peel, this treatment will gently whisk away damaged and aging skin cells and fight free radical damage. Restorative antioxidants repair the skins barrier and improve cell renewal.

*Fifty-minute treatment/160 plus 20% service charge*

### MINI REFRESH FACIAL

Ideal for those wanting a quick cleanse, mask and moisturizing to refresh and go.

*Twenty-five-minute treatment/95 plus 20% service charge*

### FACIAL MAKEOVER ADD ON:

A bubbling black oak and charcoal mask will foam away buildup while smoothing lines and oxygenating and rehydrating skin. An under-eye rescue is also applied and instantly depuffs, brightens and decongests the area giving you a refreshed, lifted appearance. Can be added on to any massage or body treatment.

*Fifteen-minute add on/25 plus 20% service charge*

*\*Men having facials should shave no less than two hours prior to their service.*

## body indulgences

### BLOOMING CACTUS BODY WRAP

Starting with a full body exfoliation to enhance skin cell renewal, this treatment is highlighted with a prickly pear aloe cactus wrap. While your body is cocooned and detoxifying, you will receive a scalp or foot massage. This is then followed by an intensely hydrating body butter to aid in anti-aging and restoration.

*Eighty-minute treatment/225 plus 20% service charge*

### CANYON RIVER MUD WRAP

Organic wild sages and lavenders give this wrap a calming and purifying effect for the body and soul. Ultra-fine fossilized desert salts gently exfoliate the skin. Then, relax as you are enveloped in a powerful detoxifying clay while your therapist erases your stress with a scalp or foot massage. After cleansing, your body will be rehydrated with our anti-inflammatory arnica butter to help soothe aching joints.

*Eighty-minute treatment/225 plus 20% service charge*

### PALISADES ENRICHED BODY SCRUB

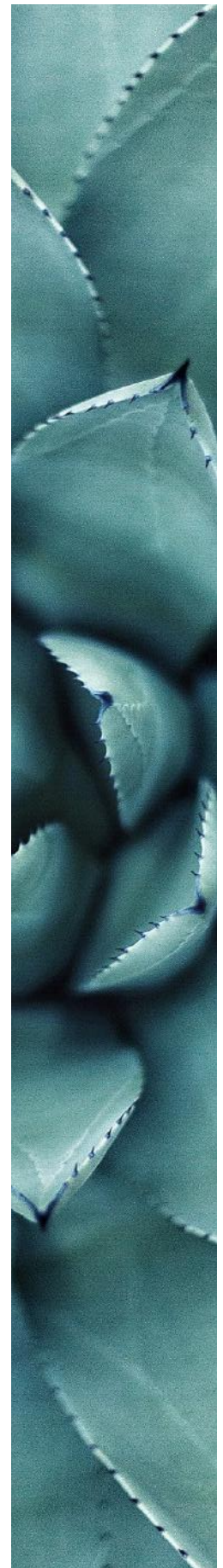
Our desert salt polish offers a gentle yet thorough scrub for full body exfoliation and is then combined with your choice of rehydrating body butter based on your skins needs.

*Fifty-minute treatment/150 plus 20% service charge*

### MUSCLE REJUVENATION SCRUB

Our magnesium scrub will not only detoxify your skin but relieves stress and tension. After a full body scrub, we will use our Arnica and sage oil for an anti-inflammatory effect to help ease tired muscles. Our salve will then be applied to any tight or sore muscles. This is a perfect treatment after long hikes, bike rides, or horseback riding.

*Sixty-minute treatment/180 plus 20% service charge*



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## massage therapies

### CBD RECOVERY AND HEALING MASSAGE

Experience a healing massage using an organic and locally made pure hemp-derived CBD oil. Blended with anti-inflammatory herbal and aromatherapy oils to ease pain, tension, and aid in recovery.

*Fifty-minute treatment / 185 plus 20% service charge*

*Eighty-minute treatment / 255 plus 20% service charge*

### OUR SIGNATURE NATIVE DESERT SAGE INDULGENCE

All all-natural desert sage body scrub will gently exfoliate the skin and improve circulation. This is followed by an application of our soothing mountain arnica oil during a customized massage leaving your skin soft and hydrated.

*Eighty-minute treatment / 235 plus 20% service charge*

### RELAXATION MASSAGE

For a relaxing, full body massage, our Swedish techniques using light to medium pressure and longer strokes will help release tension and provide rest and relief for tired muscles.

*Fifty-minute treatment / 140 plus 20% service charge*

*Eighty-minute treatment / 210 plus 20% service charge*

### CUSTOM NOBLE MASSAGE

Work with your therapist to create the massage that is suited to you, combining both Swedish and therapeutic techniques.

*Fifty-minute treatment / 160 plus 20% service charge*

*Eighty-minute treatment / 230 plus 20% service charge*

### THERAPEUTIC FOCUS MASSAGE

Alleviate soreness and tightness with our calculated firm massage focusing on specific areas of pain, tension, and inflammation.

*Fifty-minute treatment / 175 plus 20% service charge*

*Eighty-minute treatment / 245 plus 20% service charge*

### ANCIENT RIVER STONE MASSAGE

Heated river stones are used to soften the deeper layers of your muscles allowing for a healing and restorative massage.

*Eighty-minute treatment / 230 plus 20% service charge*

### BABY ON BOARD MASSAGE

Share a moment of serenity with your baby. Expectant mothers past their first trimester will enjoy this relaxing, nurturing massage aimed to ease some of the discomfort that arises during this time of change.

*Fifty-minute treatment / 155 plus 20% service charge*

### FOOT FOCUS

An indulgent treatment starting with an invigorating scrub applied to lower legs and feet, followed with a hydrating application of mango butter foot cream to soften the skin.

*Twenty-five-minute treatment / 85 plus 20% service charge*

### HEAD, NECK, AND SHOULDERS

Release built up tension in your shoulders and neck, while relaxing even further with a light scalp massage.

*Twenty-five-minute treatment / 95 plus 20% service charge*

## extras

### HAND OR FOOT SCRUB ADD ON

Add gentle exfoliation of your hands, feet, or both to any massage or facial.

*Fifteen-minute add on / 15 each or 25 for both plus 20% service charge*

### NOURISHING WARM OIL THERAPY ADD ON

Medically recommended for dry, chapped skin, muscle aches and pains, our eco-friendly nourishing warm oil increases circulation and hydrates the skin. Add for hands or feet to any massage or facial.

*Fifteen-minute add on / 20 each or 35 for both plus 20% service charge*

### THERAPEUTIC MUSCLE BALM ADD ON

Arnica, mint, and sage are rubbed on sore muscles after your massage to aid in recovery.

*10 plus 20% service charge*

## grooming & glamour

### WAXING:

Lip 20

Chin 20

Brow 20

Underarm 40

Bikini from 50

Back 95

Half Leg 50

Full leg 85

### FACIAL ENHANCEMENTS:

Brow tint 30

Lash tint 30

Brow and Lash tint combo 55

Lash lift with tint combo 75

## nail care

### SPA MANICURE

*Fifty minute 60 plus 20% service charge*

### SPA PEDICURE

*Fifty minute 75 plus 20% service charge*

### EXPRESS MANICURE

*Twenty-five minute 45 plus 20% service charge*

### EXPRESS PEDICURE

*Twenty-five minute 50 plus 20% service charge*

\*Our nail services are for natural nails only. We use a specific 4 step system aimed towards healthier nail beds. If you have questions regarding our services, please don't hesitate to reach out to us.

