

## *Spa Menu*

### STARTERS

Arugula Salad with butternut squash, goat cheese, roasted pumpkin seeds...12

Beet Salad with frisse, candied bacon, sherry vinaigrette...12

Mixed Charcuterie and cheese plate ask your server for tonight's selection...market price

### ENTREES

Whole Balanced meal daily selection including steamed brown rice, daily vegetable, mixed greens salad, sautéed spinach, black beans, house made fermented side, sea vegetable...20

Roast Chicken Dinner with steamed rice, and daily vegetables...17

Grilled Salmon with stoned ground creamy polenta, roasted peperonata...26

Grilled Flat Iron Steak with mixed greens, risotto brown rice...25

### DESSERTS

Berries and Sorbet...9

Fruit and Devonshire cream...9

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